

STEVENAGE START OF SUMMERTIME SPECIALS NUMBER SEVENTEEN

Celebrate the Start of Summertime on your bike! Join us on Sunday 28th. March 2010.

Last year 295 cyclists completed one of the rides. We are repeating the successful and popular formula from the last twelve years including the use of Great Hornead Village Hall as one of the controls.

There's a choice of three rides. Two brevet populaires and a full blown 210 kilometre (131 miles) Les Randonneurs Mondiaux ride to Lavenham and back. These are randonnées organised by the CTC under the regulations developed by Audax U.K.

Randonnées are endurance events enjoyed by all cyclists - women, men, racing, touring, recreational, fitness enthusiasts. They are not races but they are challenges. You can ride alone or in a group. Provided you keep within the times at each control the pace is up to you!

Here's the choice of rides:

62 kilometres. An ideal introduction to Audax style rides. From Stevenage to Reed, Great Hornead, Hare Street, Buntingford and back to Stevenage. Average speed range 12.5 to 25 kilometres/hour (app. 8 to 16 mph). Take between 2.5 and 5 hours.

Start at 11:00. Cost £5.00 (members £3).

115 kilometres. The original "Ugley Nasty Ride." From Stevenage to Reed, Newport, Thaxted, Great Hornead, Hare Street and back to Stevenage. Average speed range 12.5 to 25 kilometres/hour. Take between 4.5 and 9 hours.

Start at 10:30. Cost £6.00 (members £4).

210 kilometres. Believe it or not, always a popular choice, especially in Paris-Brest-Paris years (it is a qualifying event). An LRM event from Stevenage to Reed, Thaxted, Cavendish and Lavenham and back via Finchingfield, Thaxted, and Great Hornead. Average speed range is a little faster - 15 to 30 kilometres/hour (app. 9.5 to 19 mph). Take between 6.75 and 13.5 hours

Start at 08:15. Cost £7.00 (members £5)

The start and finish for all rides will be the Sailing Centre/Costello's Café at Fairlands Valley Park, Six Hills Way, Stevenage. There is plenty of parking for those coming by car.

There will be controls to make sure the correct route is followed. These will be at or near cafés, tea rooms and a village hall so no-one should go hungry. Every rider will get a route sheet and a brevet card. You get your card timed, stamped and signed at every control. After ratification it becomes your proof that you've done the ride.

We also plan to hand out certificates on the day. Special Start of Summertime medals can be purchased by successful riders for £4.00.

Independent or unattached riders and all newcomers will be very welcome. There will be successful riders times kilometres competitions for clubs and CTC districts. Unfortunately entries can only be accepted on the day if there are sufficient brevet cards, so **please enter before 20 March** or you may be disappointed. It really helps us if you enter by the closing date. If any entries can be taken on the day they will cost extra - £9 for the 210K, £8 for the 115K and £7 for the 62K. Routes and sheets will be sent out **soon after** the closing date (and posted on the web at **www.stevenagectc.org.uk**). **Please don't forget those two saes.** By all means photocopy if you need more entry forms.

Please note the ride is on the day the clocks change!

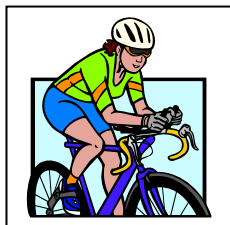
Please send your entry form plus entry fee and two C5 size saes, to:

Paul Boïelle, 71 Lonsdale Road, Stevenage, Herts., SG1 5DD

More information from Paul (01438 356584) or Jim (01438 354505)



SSSoSS ENTRY FORM



Herts CTC
STEVENAGE START OF SUMMERTIME SPECIALS
 Sunday 28 March 2010
 62, 115 and 210 km Randonnées
 from Fairlands Valley Park, Stevenage

Yes, I'd like to celebrate the start of "Summer Time" by riding my bike on 28 March 2010. Please enter me for the fifteenth Stevenage Start of Summertime Specials. I wish to attempt (please indicate)

210 kilometres in up to 13.5 hours	Start 0815 BST	
115 kilometres in up to 9 hours	Start 1030 BST	
62 kilometres in up to 5 hours	Start 1100 BST	

FIRST AND LAST NAME (Mr/Mrs/Ms/Miss)

ADDRESS

..... **POSTCODE**

PHONE..... **DATE OF BIRTH**

E-MAIL (if any)

TYPE OF BIKE (e.g. solo, tandem, trike, ATB)

CTC DISTRICT (if any) **CTC MEMBERSHIP NUMBER (if any)**

BCF/SCU CLUB (if any) **BCF/SCU NUMBER (if any)**

AUDAX UK MEMBERSHIP NUMBER (if any) **NON-MEMBERS WELCOME (Please tick)**

This event is run under Audax UK regulations. It is not a race or trial of speed. You are expected to follow the rules of the road and show consideration for other road users. It is your responsibility to familiarise yourself with Audax UK regulations and advice (on the AUK website at www.audax.uk.net, or from the organiser of the event). Entrants should note that the route is on open public roads, is not waymarked or marshalled, that the organiser provides no rescue service, that some routes may be arduous, that you should prepare by studying the code, and that you are responsible for your safety/conduct. **Lights will be required after 7.30p.m**

I, the undersigned, have read and understand the above. I have given details of my AUK membership, or my CTC membership number (above) otherwise I apply for temporary membership of AUK for the period of the ride. I enclose **two strong C5 stamped self-addressed envelopes** and £7.00 entry fee for the 210K, £6.00 for the 115K and £5.00 for the 62k. (CTC., BCF/SCU and/or AUK members can deduct £2.00 as they have insurance cover but 2009 membership numbers must be quoted above).

Entries on the day, if available, will cost £9 for the 210K, £8 for the 115K, and £7 for the 62K..

SIGNED **DATE**

Parental Consent (required for entrants under 18 years of age)

Parents should note the information on this form and be aware that this is an individual ride without leaders
 I am the parent/guardian of the entrant, have read and understood the entry information above, and give my consent to this entry.

Signature of Parent/Guardian **DATE**

Over 300 entries are expected. It may be necessary to start you in groups. Your co-operation will be appreciated. Please help us by indicating how long you expect to take to finish the ride. Let us know if you will be riding with anyone else.

I expect to take	hours	Minutes
I will be riding with		

Do note this is not a race. The maximum permitted average speed is 30 kph (app.19mph) for the 210km ride and 25kph (app.16mph) for the others; the minima are 15 and 12.5kph. Once started you can ride individually or in bunches. Full mudguards are optional but other riders may appreciate you using them. Please photocopy this if you need more entry forms.

Please return this form to Paul Boielle, 71 Lonsdale Road, Stevenage, Herts, SG1 5DD (01438 356584) to arrive **before 20 March 2010**. Any cheques should be payable to Paul Boielle. There can be no guarantee that you will get a brevet card if your entry arrives late. Please note route details and other information will be sent out soon after the closing date. **Please don't forget your two saes.**

Please check enclosures:- 1. The whole form with all the relevant sections completed 2. Cheque payable to the organiser 3. Two C5 (app. 23 x 16 cm.) stamped self addressed envelopes – one for the route and start information and one for the return of the brevet card after the event.